





# DO-IT-YOURSELF SERVICE PACKET Enrichment & Comfort Items for Dogs

Thank you for your interest in helping the animals of the Cleveland Animal Protective League (APL)! We would not be able to provide the level of care and commitment to our animals without the help of people like you. This packet outlines several projects that are fun and easy and will help the animals have a more enriched, comfortable experience while in our care.

These off-site service projects allow for students or groups to complete service as their schedule allows. These projects are well suited for students or groups who need a short-term project to fulfill service hour requirements for school, church, scouts, work, or more. Due to the large number of students who need service hours, we are unable to accommodate them on-site at the APL.

Students should always check first to see if the project would be accepted by the organization requiring the service hours. Students must keep track of the dates, times, and hours that are spent on the project. Please note that some of these projects may require the supervision of an adult for completion of the project. If acknowledgment of service is necessary, the student may bring and present their own service-tracking form or may utilize the Volunteer Service Hours Tracking and Verification Form for staff signature. Either form may be used to verify that the service was performed.

Completed project items may be brought to the Cleveland Animal Protective League (APL) located at 1729 Willey Avenue Cleveland, OH 44113 (216-771-4616 or <a href="https://www.clevelandapl.org">www.clevelandapl.org</a>) during shelter hours.



Regular shelter hours are 10:00 a.m. - 5:00 p.m. on Monday, Wednesday, Friday, and Saturday. 11:00 a.m. - 6:00 p.m. on Tuesday and Thursday. 12:00 – 4:00 p.m. on Sunday. Hours are subject to change on holidays and other occasions.

Thank you, again, for making a difference for the animals at the APL! We are grateful for you!



## FLEECE BLANKET



**FLEECE BLANKETS:** Make fleece (soft, warm, washes easily, dries quickly) blankets to help provide comfort for animals at our shelter. Both dogs and cats love them, and they can be made in various sizes for all to enjoy.

### **SUPPLIES:**

- Fleece fabric
- Scissors
- Ruler

- Cut two equal size squares of fleece fabric, no larger than 18". Be sure the fabric does not include the rough selvage edge (This is the side of the fleece that is machine finished). Make sure that your cut sides are relatively straight, but they do not have to be perfect. Lay your fleece wrong sides together, with edges matching up. Often with fleece, it is hard to tell which side is the wrong side and it often does not matter which side you use as the front or back.
- Cut a 3x3" square (or 4x4" square for a longer fringe) out of each corner through both layers of fleece and discard.
- Cut 3" or 4" strips into fleece at 1" intervals around all four sides based on the length of fringe you determined in the previous step.
- Tie overhand knots close to the blanket edge by using one strip from the front and one strip from the back to create a finished fringe edge. Repeat around all four sides. Tie the last fringe of each side with the last fringe on the perpendicular side (of opposite fabric).



## **RICE SOCK**



**RICE SOCKS:** Make rice socks that serve as a source of heat and comfort for our animals. Rice socks may be made in a variety of different sizes to accommodate the needs of our animals.

### SUPPLIES:

- Socks (new tube or crew socks or clean used socks with no stains or holes)
  - Ankle socks or other 'no-show' socks will not work for this project.
- Rice (uncooked)
- Markers (permanent or fabric non-toxic markers only, optional)
- Funnel or flexible cup

- Decorate the sock using markers before filling the sock (optional).
- Place the funnel at the top of the sock to help fill the sock.
- Fill 2/3 of the sock with dry, uncooked rice
  - o If you do not have a funnel, a flexible cup may be used to help fill the sock.
- Tie the sock in a knot to close.



## THANK YOU CARD



**THANK YOU FOR ADOPTING CARDS**: Creating and writing a homemade note of thanks to our adopters is a thoughtful way to express appreciation and happiness that the new family chose a shelter pet from the Cleveland Animal Protective League (APL). This is a fun project that allows for any level of creative and artistic ability.

## **SUPPLIES:**

- Paper supplies
- Pens or markers
- Stickers (optional)
- Any supply that would enhance the note card

- Write positive, uplifting, and appropriate messages.
  - o Some examples of where to start may include thanking adopters for...
    - Making a difference in an animal's life.
    - Giving an animal a home.
    - Sharing their love with an animal.



## **DOGGIE DUMBBELL**



**DOGGIE DUMBBELLS:** Make doggie dumbbells to allow our dogs to have some fun playtime. This enrichment item helps our dogs to remain or become healthy and happy while they wait to find their new family.

### **SUPPLIES:**

- Socks (new tube or crew socks or clean used socks with no stains or holes)
  - O Ankle socks or other 'no-show' socks will not work for this project.
- Tennis balls
- Markers (permanent or fabric non-toxic markers only, optional)

- Stuff a tennis ball into a sock, and tie a knot as close to the ball as possible.
- If possible, stuff another ball into the same sock, and tie another knot.
- Decorate socks as desired (optional).



## **SNUFFLE MAT**





**SNUFFLE MATS:** Snuffle mats provide enrichment for dogs, as our dogs get to sniff and search for food and treats. As an extra option, you can donate a bag of treats to go with the snuffle mat.

### **SUPPLIES:**

- Rubber sink mat or an anti-fatigue mat with holes.
- Fleece fabric (quantity depends on the size of the mat, but 1.5 yards should be plenty)
- Sharp scissors

- Cut the fleece into 7" strips roughly 1" wide. At least as many strips as there are holes in your mat.
- You can use multiple colors. Alternate colors for each hole, and each row, or create a design in the mat.
- Starting at the edge of the mat, take a strip of fleece and push one end through the first hold of the first row, and the other through the second. Flip the mat over and double-knot the strip.
- Take a second strip and push one end through the second hole alongside the strop already there, then push the other end through the third hole. Again, flip the mat over and double-knot the strip.
- Continue in this way until you have finished two rows of holes.
- Next, take a strip of fleece and push one end through the first hole in the first row, then push the
  other end through the first hold in the second row. Turn the mat over and double-knot the strip.
- This strip will be at a right angle to the first one. Continue this between the first and second rows until completed.
- Repeat this process on subsequent rows until all holes in the mat have been filled in.



## **Volunteer Service Hours Tracking and Verification Form**

Volunteer Name and Address:		
Contact Information (Phone and Email):		
Item(s) Produced and/or Donation Amount:		
School or Organization and Address:		
Contact Information (Phone and Email):		
Cleveland APL Staff Signature/Print:		
Date:		
Please complete this form to track and verify that volunteer service was completed off-site to benefit the Cleveland Animal Protective League (APL) at 1729 Willey Avenue, Cleveland, OH 44113.		
In-kind donation forms may be requested at the time of delivery to the APL.		
Please note that APL staff member receiving the item(s) produced or donation should make a copy of the signed form to submit to the Volunteer Manager.		
( <u>www.clevelandapl.org</u> or 216-771-4616)	Γ	
Work Completed	Date	Times [not total hours]
Example: Made one fleece cat kennel blanket	1/2/16	Noon – 1:00 p.m.

On behalf of our animals at the APL, thank you for your efforts!